BURLINGTON SKATING CENTRE SPRING PROGRAM APR 4, 2016 - MAY 31, 2016						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
APPLEBY 4	APPLEBY 4	APPLEBY 4	APPLEBY 4	APPLEBY 4	APPLEBY 2 or 3	
	COMPETITIVE GROUP				CANPOWER	
IOE TIQUET	7:10 - 7:40	IOE TIQUET	IOE TIOKET	IOE TIOKET	7:40 - 8:30 (6 - 8 yrs)	
ICE TICKET 7:00 - 10:00 am	ICE TICKET 7:40 - 10:00 am	ICE TICKET 7:00 - 10:00 am	ICE TICKET 7:00 - 10:00 am	ICE TICKET	0.40 0.00 (0 40)	
2:30 - 3:30 pm	2:30 - 3:30 pm	2:30 - 3:30 pm	2:30 - 3:30 pm	7:00 - 10:00 am 2:30 - 3:30 pm	8:40 - 9:30 (8 - 12 yrs)	
2:30 - 3:30 pm	2:30 - 3:30 pm	2:30 - 3:30 pm	2:30 - 3:30 pm	2:30 - 3:30 pm		
COMPETITIVE	COMPETITIVE	COMPETITIVE	COMPETITIVE	COMPETITIVE	APPLEBY 4	
3:30 - 4:30	3:30 - 4:30	3:30 - 4:30	3:30 - 4:30	3:30 - 4:30		
0.0000					PRE-CANSKATE	
4:30 - 4:40 Flood	4:30 - 4:40 Flood	4:30 - 4:40 Flood	4:30 - 4:40 Flood	4:30 - 4:40 Flood	9:15 - 10:00	
PRECOMP / COMP GRP	INTER+ / SENIOR	INTER+ / SENIOR	INTERMEDIATE	SENIOR	CANSKATE	
4:40 - 5:40 Open	4:40 - 4:55 Sk/turn/edge	4:40 - 5:40	4:40 - 4:55 Sk/turn/edge	4:40 - 5:40 Open	10:10 - 11:00	
	4:55 - 5:10 Da		4:55 - 5:10 Da			
5:40 - 5:50 Flood	5:10 - 6:00 Fs	5:40 - 5:50 Flood	5:10 - 5:55 Fs	5:40 - 5:50 Flood	11:05 - 11:15 Flood	
PRE-JUNIOR (STAR 1)	6:05 - 6:15 Flood	CANSKATE	JUNIOR (STAR 2/3)	CANSKATE	INTER / SENIOR	
5:50 - 6:50		6:00 - 6:50	5:55 - 6:05 Sk	6:00 - 6:50	11:15 - 12:15 Open	
	STAR 1 ACADEMY		6:05 - 6:15 Da			
JUNIOR (STAR 2/3)	6:15 - 7:05	PRE-JUNIOR (STAR 1)	6:15 - 6:25 Flood	INTERMEDIATE	PRE-JUNIOR (STAR 1	
6:50 - 7:00 Sk		6:50 - 7:50	6:25 - 6:35 Str	6:50 - 7:05 Sk/turn/edge	12:15 - 1:15	
7:00 - 7:10 Da	PRE SCHOOL	JUNIOR (STAR 2/3)	6:35 - 7:20 Fs	7:05 - 7:20 Da	JUNIOR (STAR 2/3)	
7:10 - 7:20 Str	6:30 - 7:00	6:50 - 7:00 Sk		7:20 - 7:30 Flood	12:15 - 12:25 Sk	
7:20 - 8:05 Fs		7:00 - 7:10 Da	7:20 - 7:30 Flood	7:30 - 8:20 Fs	12:25 - 12:35 Da	
	INTERMEDIATE	7:10 - 7:20 Str			12:35 - 12:45 Str	
8:05 - 8:15 Flood	7:05 - 7:15 Sk/turn/edge	7:20 - 8:05 Fs	INTER+/SENIOR	8:20 -8:30 Flood	12:45 - 1:30 Fs	
	7:15 - 7:25 Da		7:30 - 8:30 Open			
INTER / SENIOR	7:25 - 7:35 Flood	8:00 - 8:15 Flood		ADULT	1:30 - 1:40 Flood	
8:15 - 8:25 Sk/turn/edge	7:35 - 8:30 Fs			8:30 - 9:30		
8:25 - 8:35 Da		INTER / SENIOR			INTRO TO SYNCHRO	
8:35 - 8:45 Sp		8:15 - 8:25 Sk/turn/edge			1:40 - 2:30	
8:45 - 9:30 Fs		8:25 - 8:35 Da				
		8:35 - 8:45 Sp 8:45 - 9:30 Fs				
	Dance = Da	Freeskate = Fs	Stroking = str	Spins = Sp		

PRE-JUNIOR	STAR 1	Must have passed CanSkate Stage 5* or 6 (*spring only)
JUNIOR	STAR 2/3	Must have completed Gold Assessment in Pre-Junior
INTERMEDIATE	STAR 4/5	Must have passed Preliminary FreeSkate test
INTERMEDIATE +	STAR 4/5	Must have passed Preliminary FreeSkate test. Must land a clean, consistent Axel.
SENIOR		Must have passed Sr. Bronze FreeSkate or Sr. Silver Dances or Sr. Silver Skills
PRE-COMP		Must have competed at the Pre-Juvenile level or higher in the past season.
COMPETITIVE		Must be planning to compete at the Juvenile level or higher in the up coming season.